

**Amendments to the Specification:**

Please replace the paragraph beginning at page 4, line 2 with the following amended paragraph:

A1 To solve the above-described problems, ~~as first means,~~ a first embodiment of a sheet according to the present invention comprises: includes a strip-shaped peel sheet; a spacer sheet stuck onto the peel sheet via an adhesive layer; an upper face sheet stuck onto an upper face of the spacer sheet via an adhesive layer; and contact plates stuck to the upper face sheet[[,]]. ~~wherein, on~~ On the peel sheet and the spacer sheet, penetration holes through which the contact plates can penetrate, and coupling grooves by which the adjacent penetration holes are coupled are formed[[,] ~~wherein, of~~ Of the coupling grooves, one side of the coupling grooves provided in a direction crossing a feed direction of the strip-shaped peel sheet continues to rear ends of inner circumferences of the adjacent penetration holes with respect to the feed direction of the peel sheet of the adjacent penetration holes.

Please replace the paragraph beginning at page 4, line 17 with the following amended paragraph:

A2 ~~As second means,~~ In a second embodiment of the invention, one side of the coupling grooves continues linearly or curvedly.

Please replace the paragraph beginning at page 4, line 20 with the following amended paragraph:

A3 ~~As third means,~~ In a third embodiment of the invention, a coupling part at another side of the coupling grooves coupling the penetration holes is formed in an arc shape.

Please replace the paragraph beginning at page 4, line 23 with the following amended paragraph:

A4 ~~As fourth means,~~ In a fourth embodiment of the invention, the spacer sheet and the upper face sheet are formed rectangularly and are mounted so that short sides of the rectangles are in the feed direction of the strip-shaped peel sheet, and wherein the penetration holes disposed at a side of a long side of the spacer sheet are coupled by the coupling grooves.

Please replace the paragraph beginning at page 5, line 2 with the following amended paragraph:

A5 ~~As fifth means,~~ In a fifth embodiment of the invention, the coupling grooves are formed from first coupling grooves coupling the penetration holes disposed at the side of the long side of the spacer sheet and second coupling grooves coupling the penetration holes disposed at a side of the short side of the spacer sheet.

Please replace the paragraph beginning at page 5, line 8 with the following amended paragraph:

A6 ~~As sixth means,~~ In a sixth embodiment of the invention, a sheet having contact plates ~~comprising including~~ one of the first to fifth ~~means~~ embodiments of the invention and a circuit board on which plural fixed contacts are disposed are provided[[,]]. [[a]] A peel sheet of the sheet having contact plates is peeled, and the sheet having the contact plates from which the peel sheet has been peeled is stuck onto the circuit board on which plural fixed contacts are disposed, by an adhesive layer of the spacer sheet so that the contact plates are opposite to the fixed contacts.

Please replace the paragraph beginning at page 8, line 22 with the following amended paragraph:

A7 Although the coupling parts 3d at the other side of the first coupling grooves 3b for coupling the penetration holes 3a protrude from the inner circumferential end of the penetration holes 3a, the coupling parts 3d are also formed in ~~an arc shape so~~ such a manner that the peel sheet 1 can be easily peeled.